

ANTI-BULLYING WEEK 2024

CHOOSE

RESPECT



ANTI-BULLYING  
ALLIANCE

# CALL TO ACTION

**From playgrounds to parliament, our homes to our phones, this Anti-Bullying Week let's 'Choose Respect' and bring an end to bullying which negatively impacts millions of young lives.**

**This year, we'll empower children and young people to not resort to bullying, even when we disagree and remind adults to lead by example, online and offline.**

**Imagine a world where respect and kindness thrives — it's not just a dream, it's in the choices we make. Join us this Anti-Bullying Week and commit to 'Choose Respect'. What will you choose?**



[https://youtu.be/sZ\\_CkltlgS4](https://youtu.be/sZ_CkltlgS4)



# RESPECT

<https://youtu.be/gkCfq3xsrsM>

## WHAT IS BULLYING?

Anti-Bullying Alliance's Definition:

The **repetitive, intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**. Bullying can be physical, verbal or psychological.

It can happen face to face or online.



**How well do we, as a society, show respect to one another?**

## WHAT IS RESPECT?

Oxford Languages definition:

**Have due regard for (someone's feelings, wishes, or rights).**

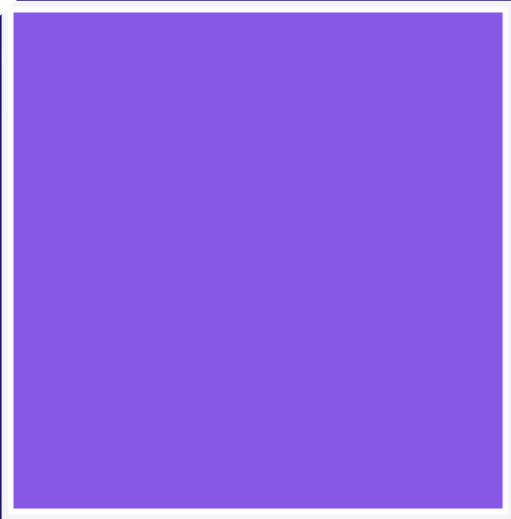
## RESPECT IN ACTION



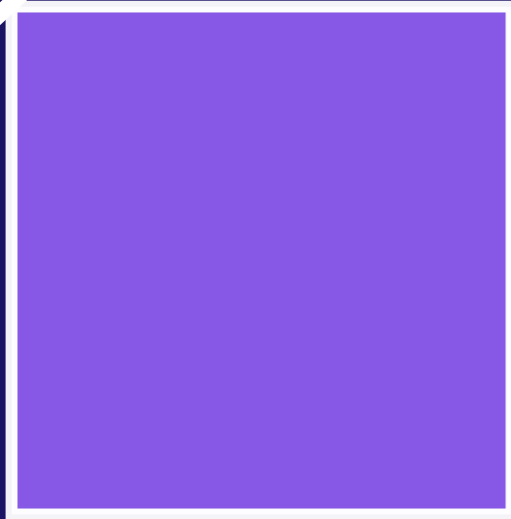
Demonstrating respect for others, self-respect, and being respected are interlinked elements essential for fostering healthy and positive interactions.



# WHO CAN YOU SPEAK TO AT SCHOOL?



Your Tutor/HoY/DoLA



SSGC/Well-Being



Mr Withers

# ANTI-BULLYING WEEK 2024

**CHOOSE**

**RESPECT**

#ANTIBULLYINGWEEK

Monday 11<sup>th</sup> to  
Friday 15<sup>th</sup> November

Odd Socks  
Day 2024



Tuesday 12<sup>th</sup> November